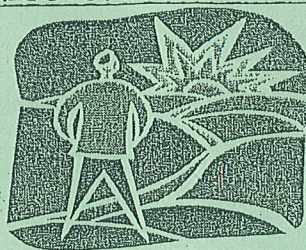


Substance Abuse Program

Montgomery County Health Department (MCHD) has an established substance abuse program open to all county and out of county residents in need of substance abuse treatment. The outpatient program typically consists of a minimum of three months, or 30 hours, of counseling unless otherwise specified (as in DUI cases). Outpatient counseling consists of individual sessions for 1 hour every 2-4 weeks and group counseling once a week for 2 hours. These sessions are used to focus on the individual's problems usually stemming from their substance abuse and examine ways to change their attitudes and behaviors. Both the groups and the individual counseling are provided by Certified Alcohol and Drug Counselors. MCHD provides court-mandated *DUI evaluations* by a certified DUI specialist. The DUI program offers a remedial education class that satisfies the remedial education requirement required for Level I and Level II DUIs. This class meets weekly for four weeks to meet the required 10 hours of education. The *Investigative Drug and Alcohol Evaluation Report*, or Non-DUI evaluation, can also be obtained when required by the Secretary of State for various other driving violations resulting in the suspension/revocation of one's driving privileges

MISSION STATEMENT



To provide quality professional, confidential services to persons experiencing symptoms of a mental health or substance abuse disorder...To educate the community to promote a better understanding of such symptoms and their consequences. These services are available to all persons regardless of race, color, creed, religious affiliation, age, sex, or ability to pay.

Mission of the Montgomery County Health Dept.

The Mission of the Montgomery County Health Dept. is to assure conditions for all individuals to be healthy - in the prevention of disease and the promotion of health. The assessment of, and analysis of, health conditions, whereby local health policies are developed, shall accomplish this. Like a jigsaw puzzle, the Health Department is made up of many parts which fit together to give the services that prevent disease and disability, prolong life, and assure a clean and healthy community.

Montgomery County Health Department

Division of Mental Health

11191 Illinois Route 185
Hillsboro, IL. 62049

Business Line
(217)532-2001

CRISIS LINE 24/7
1-888-324-5052

Office Hours

MONDAY	8AM-4PM
TUESDAY	8AM-8PM
WEDNESDAY	8AM-4PM
THURSDAY	8AM-5PM
FRIDAY	8AM-4PM

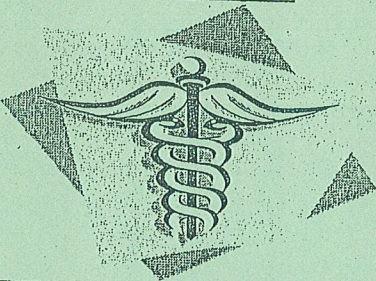
*Clinical Supervisor of Mental Health
Division*

Kimber Deming, MA, LCPC

Mental Health Program

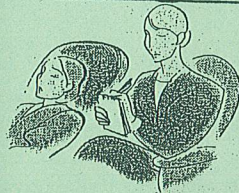
Montgomery County Health Department (MCHD) has an established mental health program open to all county and out of county residents in need of mental health treatment. We offer a variety of services including Psychiatric Services, Case Management Services, Crisis Intervention, Psycho-Social Rehabilitation, Anger Management Group (Talk First), Substance Abuse Treatment, DUI Services, and Outpatient Counseling.

Psychiatric Services



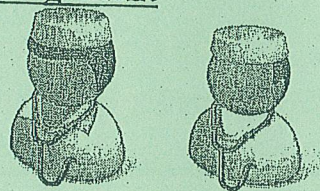
MCHD offers psychiatric services for those in our Mental Health Program as well as our Substance Abuse Program with a licensed psychiatrist on staff. She provides diagnostic screenings and prescribes medications such as anti-depressants and anti-psychotics as needed. The individual may continue to see the psychiatrist even after their treatment is complete by being transferred to our Mental Health Case Management Program.

Outpatient Mental Health



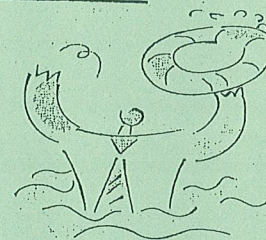
MCHD offers an outpatient program which consists of mental health assessment, psychiatric evaluation if requested/needed, individual and/or family sessions for 1 hour every 2-4 weeks. These sessions are used to focus on the individual's or family's problems and help them work through what brought them to treatment. We concentrate on various issues such as depression, anxiety, grief, different types of abuse, self-esteem, family issues, relationships, coping skills, etc.

Case Management



MCHD provides Registered Nurses to assist medication monitoring as well as facilitate communication between clients and our Doctors. Case Managers also assist with problem solving and accessing community and mental health resources for those in need.

Crisis Intervention



MCHD provides a 24 hour a day / 365 days a year Emergency Help-line program that provides a timely response to clients and other individuals in psychiatric crisis. Screening for emergency hospitalization is offered at the local hospitals and the Health Department and resources and referrals are given for follow-up.

Domestic Violence Intervention



Montgomery County Health Dept. (MCHD) has an established domestic violence group (Talk First) that is open to all men in need but also provides court-mandated treatment for individuals convicted of domestic violence of a significant other. A Talk First assessment is conducted to determine if appropriate for the group. The individual then attends group once a week, 1 ½ hours each session, for 28 weeks.